

## When can my child return to school after illness?

Please use the following guidelines to determine when your child should return to school after illness:

- **Vomiting or Diarrhea** - When the child has been symptom free for 24 hours. If a student vomits or has diarrhea during the night or in the morning, keep the student home that day.
- **Flu symptoms** – When the child’s temperature has returned to normal for 24 hours. This is a respiratory illness that usually starts suddenly with fever, headache, extreme tiredness, dry cough, runny or stuffy nose, and muscle aches.
- **Undiagnosed fever or rash** – When symptoms are gone for 24 hours, without the assistance of medication.
- **Strep Throat or Scarlet Fever** – 24 hours after start of treatment.
- **Chicken Pox** – When old blisters have formed scabs and there are no new ones.
- **Conjunctivitis (pinkeye)** – When student has been treated with antibiotics for 24 hours.
- **Head Lice** – When head is treated and free of live lice or nits (eggs).
- **Scabies (body lice)** – 24 hours after start of treatment.
- **Impetigo** – When skin is clear or child has been under treatment for 24 hours.

By asking parents to follow these guidelines we hope to decrease the spread of infection and maintain a healthy environment for our students and staff.

Please do not send medication to school with your child. All medication must be brought to the nurse’s office by a parent/guardian, along with a signed by parent and Doctor, “Authorization for medication to be given at school” form (can obtain these in the Health Office).

Your child’s education and well-being is our number one priority. If you have any questions, please feel free to contact the Health Office at 530-895-4697, ext. 224.